

Nadia Motraghi KC

SILK: 2023 | CALL: 2004

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Overview

Nadia Motraghi KC was called to the bar in 2004 and took silk in 2023. Nadia is the Co-Head of the Employment Group at Old Square Chambers. Her practice spans employment, professional discipline and public law. For more than a decade she has been ranked as one of the leading barristers in her areas of expertise in the legal directories.

Nadia is approachable, responsive and calm under pressure. She enjoys working in a team with solicitors and lay clients to resolve their legal issues effectively, commercially and sensitively, with a keen eye for reputational risk. Her cases have taken her from the tribunals and lower courts to the Supreme Court and to every level of tribunal and court in between.

In employment law, Nadia's practice covers the entire spectrum of employment disputes acting for employers and employees.

Nadia has considerable expertise of whistleblowing and discrimination claims in the financial services, insurance and technology sectors and in the public sector, especially the NHS and education sectors. In the High Court, Nadia has a particular interest in injunctive relief and in all *Maintaining High Professional Standards in the Modern NHS* (MHPS) matters.

Nadia has extensive experience of equal pay claims in the public (local authority and NHS) and private sectors (banking) equal pay claims, whether brought as multiples or high value individual claims.

In regulatory law, Nadia has a broad professional discipline practice. She acts for individuals before their professional bodies and has a particular interest in the legal profession, financial services and healthcare sector. Nadia has particular insight in this area as a former member on the Bar Tribunal, determining cases of professional misconduct against barristers.

In public law, Nadia's practice encompasses judicial reviews, especially in the fields of healthcare, professional regulation and employment-related matters as well as procurement disputes based on breaches of the Public Contracts Regulations 2015 (PCR) as well as TUPE matters. Nadia is a Visiting Lecturer in Public Procurement Law at the University of Nottingham for course convenor Professor Sue Arrowsmith. Nadia has published articles on public procurement and TUPE in *The Public Procurement Law Review* and has spoken at the global public procurement conference, Global Revolution VIII.

Nadia also has a niche commercial practice covering commercial disputes arising out of employment relationships and healthcare contracts such as General Dental Service Contracts.

Outside of court, Nadia has expertise in

- representing parties at mediation, whether independent or judicial
- conducting complex investigations as an independent investigator
- representing parties before internal disciplinary and grievance panels
- acting as an independent legal advisor to internal disciplinary and grievance panels
- acting as a chair of internal disciplinary, grievance and other panels.

Education

Nadia read law at St John's College, University of Oxford. At Oxford, she was a Lovells prize-winner.

Expertise

- Administrative & Public Law
- Commercial Law
- Education & Safeguarding
- Employment & Discrimination
- Health
- HR Professional Support
- Investigations
- Professional Regulatory & Discipline

Recommendations

"Nadia Motraghi is a superb advocate who is fantastic in cross-examination but also in wider trial preparation and overall strategy." Chambers & Partners 2026

"Nadia is an exceptional advocate who inspires confidence. Her attention to detail is second to none, and her passion for her work is without reservation." Legal 500 2026

"Nadia is a direct yet graceful advocate. She is exceptional in her arguments, getting to the root of legal issues with precision." Legal 500 2026

"Nadia Motraghi is very impressive, a team player, and able to win the confidence of clients." Chambers & Partners 2026

Key contacts

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Nadia was awarded a Frank Knox Fellowship at Harvard University. She graduated with an LLM from Harvard Law School and received the Dean's Prize for Leadership. She also spent a year at the Center for Middle Eastern Studies where she studied Persian and Middle Eastern Studies, including Islamic Law.

Nadia studied for the Bar Vocation Course at the College of Law. Gray's Inn awarded Nadia its pre-eminent scholarship and following Bar Finals, she received its Ede & Ravenscroft Student of the Year prize, for achieving the best marks in the country.

Prior to coming to the Bar, Nadia worked as a part-time lecturer and teaching fellow for several universities, including Harvard, where she received an award for excellence in teaching and as a Research Assistant for the Law Commission.

Current Memberships and other activities

Nadia is an honorary fellow of St John's College, Oxford.

She is an elected Committee member of the Employment Law Bar Association. She is also a serving member of the ELBA Gender Pay Disparity at the Bar Working Group and the Gray's Inn Equality, Diversity and Inclusion Committee. Her memberships include ELA, ILS and ARDL.

Employment & Discrimination

Nadia is a specialist in employment and discrimination law with considerable experience of the full range of litigation within this field. Prior to taking silk in 2023, Nadia was ranked in Band 1 in the legal directories for her employment expertise.

Nadia has an extensive practice, undertaking advocacy and advisory work for employees and employers.

Her experience ranges from the Employment Tribunal and High Court to the Supreme Court.

A significant part of Nadia's tribunal practice consists of factually and legally complex lengthy discrimination cases (particularly those involving claims of multi-stranded discrimination); whistleblowing and claims concerning trade union activities, with or without unfair dismissal claims.

Nadia has extensive experience of equal pay claims, in the public and private sector, including being instructed as sole counsel (as a junior) in a number of mass equal pay claims against local authorities and NHS Trusts, usually against silks. Her private sector experience has typically involved high value individual claims. She has acted in cases involving like work, work rated as equivalent and work of equal value.

Many of Nadia's cases are unusual, involving politically sensitive issues where the implications go beyond the confines of the legal case or test cases where strategy is particularly important.

In the [private sector](#), Nadia has particular experience of claims from a wide variety of sectors including: banking, asset management, inter dealer broker and other "City" claims; telecommunications and technology and luxury and other well-known retailers.

In the [public sector](#), Nadia has expertise in acting for and against NHS Trusts, local authorities, central government, universities, private schools and for politicians, including Members of Parliament (MPs).

Nadia's High Court practice spans the full range of contractual claims as well as injunctive work, including in the context of industrial action and injunctions arising out of the contract of employment, especially under *Maintaining High Professional Standards in the Modern NHS* (MHPS) in respect of doctors and dentists in the NHS.

Outside of court, Nadia has expertise in

- representing parties at mediation, whether independent or judicial.
- conducting complex investigations as an independent investigator
- representing parties before internal disciplinary and grievance panels
- acting as an independent legal advisor to internal disciplinary and grievance panels
- acting as a chair of internal disciplinary, grievance and other panels.

Professional Regulatory & Discipline

Nadia's experience in this field covers a wide spectrum from advising and representing practitioners:

- Before their professional bodies
- In NHS Performers List matters
- In appeals and judicial reviews

Nadia is also instructed in judicial reviews relating to changes in the NHS.

Healthcare Professional Discipline

Nadia's experience of professional disciplinary cases before healthcare regulatory bodies includes cases before the General Medical Council (GMC), General Dental Council (GDC), General Optical Council (GOC), Nursing and Midwifery Council (NMC) and Health and Care Professional Council (HCPC).

She has represented individuals in fitness to practise hearings at all stages and in interim orders hearings as well as challenging referrals to fitness to practise hearings. For example, Nadia was instructed as junior counsel in what is thought to be the longest case brought against an individual doctor (*GMC v Sondhi*, heard over 13 weeks in 2013-2014.)

Nadia has particular expertise in statutory appeals before the High Court of determinations of regulatory bodies and also of judicial reviews arising from decisions of regulatory bodies. (*CHRE v. NMC & Paula Grant* [2011] EWHC 927 (Admin), *Uddin v GMC*, *Kapadia v GMC*).

Nadia has also appeared on behalf of practitioners and advised in Performers List cases, at the First Tier Tribunal and before PLDPs.

In addition to advising and representing individuals, Nadia also advises organisations and professional associations on professional discipline issues which concern them, whether advising on responses to public consultations, assisting in providing guidance to members/ employees and strategic matters.

She has expertise in advising on professional disciplinary issues related to COVID-19.

Judicial Review

Nadia represented the applicant nurses in a successful judicial review of the longest case in NMC history, *R (Johnson and Maggs) v. NMC* [2013] EWHC 2140 (Admin) led by [Mary O'Rourke KC](#).

Nadia is presently instructed by the Claimants in a judicial review challenging a decision to close a hospital unit.

NHS Performers List

Nadia's experience includes advice and representation in NHS Performers List cases and other matters.

Nadia advises on refusals of application for inclusion on the Performers List, NHS England investigations, the imposition of conditions or suspensions. She also represents practitioners at Performers List hearings and appeals to the First-Tier Tribunal.

Multi-jurisdiction cases

Nadia's expertise in employment law and in-depth knowledge of the NHS has proven valuable to her regulatory practice as she is able to effectively advise clients on proceedings across a number of jurisdictions including: internal proceedings, the Employment Tribunal, High Court and other appellate bodies and before regulatory bodies.

Outside the healthcare context, Nadia has represented individuals in internal disciplinary proceedings, including teachers and accountants. She has also represented an accountant in regulatory proceedings.

Commercial Law

Nadia also has a diverse commercial practice mainly concerning commercial disputes arising out of employment relationships or healthcare contracts. On the employment side, Nadia advises and represents clients in matters from restrictive covenant cases, bonus claims, board-level contract terminations, high value redundancy cases, and negligent reference claims.

In healthcare, Nadia advises individuals and corporates with commercial contracts such as General Dental Service Contracts. She also has a particular interest in procurement law.

Nadia accepts instructions in the field of public procurement including disputes based on the Public Contracts Regulations 2015 (PCR). She also undertakes advisory work particularly on horizontal policies and the effect of TUPE in

procurement exercise. Nadia is a Visiting Lecturer in *Public Procurement Law* at the University of Nottingham for course convenor Professor Sue Arrowsmith.

Nadia provides training on public procurement ranging from regulation of awards procedures, framework agreement and call offs, to dealing with automatic suspensions and other challenges brought under the PCR, to the effect of Brexit on public procurement.

Most recently Nadia has published an article with [Ijeoma Omambala KC](#) of Old Square Chambers in the *Public Procurement Law Review* (Winter 2016) on the implications of Brexit for Public Procurement and TUPE.

Nadia and Ijeoma spoke at the global public procurement conference, Global Revolution VIII, in June 2017.

HR Professional Support

Nadia is recognised as a leading employment barrister in *Chambers & Partners* and *The Legal 500*. She has particular expertise in cases involving discrimination, harassment and victimisation, whistleblowing and dishonesty / breach of trust.

Nadia acts as legal adviser or panellist for internal grievance and disciplinary panels. She also presents the management case to internal disciplinary panels and appeal panels. She sits as a member of the Bar Disciplinary Tribunal hearing cases of professional misconduct against barristers and is a member of the Advisory Committee on Conscientious Objectors, an appeal panel advising the Secretary of State for Defence.

Nadia undertakes and advises on investigations and is an experienced trainer on equality and diversity. She has spoken widely including at Oxford University, the Home Office Network, the Institute of Directors and the Bar Council. Nadia is able to accept Public Access instructions.

Recent and current work

- *The Pitchford Inquiry: Undercover Police Inquiry*
- *R (Cummings & Or) v Betsi Cadwaladr University Health Board*
- *Ogunsola v Nursing and Midwifery Council*
- *Advice as part of National Consultation on proposed changes to General Medical Council's Fitness to Practise Rules*

Professional Recommendations



“Nadia’s attention to detail and her ability to identify and understand complex issues and translate them into simple language is impressive. She remains steely calm under pressure and is a most effective and inspiring advocate.”

The Legal 500 2025

“A great strategist who is superb with clients.”

The Legal 500 2025

“Nadia works hard and has achieved some excellent results.”

Chambers & Partners 2025

“She is an outstanding practitioner.”

Chambers & Partners 2025

“She is an eloquent and thorough advocate, cool under pressure and lethal in cross-examination.”

Chambers & Partners 2025

"Nadia is fantastic."

Chambers & Partners 2025

"Nadia's advocacy is punchy and on point."

Chambers & Partners 2025

"Nadia is an extremely strong barrister."

Chambers & Partners 2025

"Nadia gets clients to understand difficult topics quickly, and she's an excellent advocate."

Chambers & Partners 2024

"Nadia is a fantastic barrister."

Chambers & Partners 2024

"Nadia is an excellent advocate and adviser. She is hard-working, gets to the heart of issues and is good with clients. She is my first choice for issues in the healthcare sector."

Chambers & Partners 2024

"Nadia is able to handle the most difficult of cases with skill and confidence. Her sensitive approach puts clients and witnesses at ease."

Chambers & Partners 2024

"Nadia is a pleasure to work with. She is technically excellent, a brilliant advocate, and strategic and pragmatic in her approach."

Chambers & Partners 2024

"Nadia is excellent. She provides direct and frank advice, and clients respect her no-nonsense approach."

The Legal 500 2024

"An indefatigable silk who gets on exceptionally well with professional and lay clients."

The Legal 500 2024

Chambers & Partners and **The Legal 500** directories describe Nadia as an **"exceptionally skilled advocate who acts for both employers and senior executives. She also has significant experience representing governmental institutions and NHS organisations. Clients praise her dedication to cases and note her thoroughness and detailed approach. She has extensive experience of holiday pay claims and contractual disputes"**. **"She has a great combination of intellect, attention to detail and persistence, with a practical and focused approach - she is a pleasure to deal with"**. **"Phenomenally bright and keen"**, **"excellent on her feet"**; **"very practical and a great tactician"**; **"delves right to the heart of a matter"**, **"incredibly tenacious in negotiations and on her feet"**, **"impresses clients with her commercial approach"** and has an **"excellent manner with clients"**. Nadia is known for her **"standout litigation work"** and is described as a **"trusted adviser on non-contentious matters"**.