

Liam Ryan

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Overview

Liam Ryan has a civil practice, split between high value and complex personal injury and clinical negligence actions, with a particular niche in psychiatric injury matters. He is commercially astute, realistic in his advice and unflinching in the face of challenging work and conflict. He is instructed by both Claimants and Defendants from the start to the conclusion of claims.

He is one of the most sought-after specialists in “stress at work” claims at the UK Bar, the author of both editions of the “practical guide to psychiatric injury”, draftsman of the current “Bullying Bill” before parliament, and was shortlisted for the legal 500 Personal Injury Junior of the Year in 2023. Liam has dedicated his practice to work in this field and he endeavours to shape and develop the law in this growing, niche and complex area. He has been and continues to be involved in some of the most significant claims in this field in recent years.

Liam is always keen to undertake work that is novel and complex. In his clinical negligence practice, he is sought out to act in claims with a complex psychiatric component where his significant knowledge and interest in the underlying medical science pertaining to such injury brings a unique point of difference to such claims.

His commercial practice is focused on employment relationships, data protection, privacy and costs issues and increasingly intersects with his stress at work practise.

Memberships

- Personal Injury Bar Association (PIBA)

Directory rankings:

He is currently ranked by the Legal 500 (Tier 4) and Chambers UK Bar (Tier 4) as a leading junior in Personal Injury at the London Bar. He is described as being “really good on his feet, where he is in his element” (Chambers and Partners 2024), “Fantastic with clients” (Chambers and Partners 2024) having “an encyclopaedic knowledge of stress law” (Chambers and Partners 2023), being “thorough and well prepared” (Chambers and Partners 2023) and possessing a “knowledge of the subject matter for his call is unparalleled, and his enthusiasm for the work makes him an absolute pleasure to instruct” (Chambers and UK Bar 2022). Finally, according to the Legal 500 2024, “Liam is one of the leading juniors in relation to psychiatric injury and occupational stress claims. He knows the law inside out”.

Personal Injury

Liam has a thriving personal injury practice and has extensive experience of advising, drafting, negotiating and appearing before both the County and High Court on behalf of both Claimants and Defendants. Liam’s personal injury practice covers a wide spectrum of actions including employers’ liability, public liability, product liability, fatal accidents, road traffic accidents, accidents abroad, claims made against the MIB and CICA and historic abuse claims.

Within his personal injury practice Liam has developed a particular specialism in the field of stress at work, a niche area in which he continues to develop as a specialist. His practice is predominantly Claimant focused and he is regularly

Expertise

- Clinical Negligence
- Personal Injury

Recommendations

“Liam is extremely tenacious. He always seems two steps ahead of everyone in the room. He gets things a lot quicker.” Chambers & Partners 2026

“Liam Ryan is a font of knowledge in relation to occupational stress.” Chambers & Partners 2026

“Liam Ryan is a specialist in stress at work claims.” Chambers & Partners 2026

“Liam is an expert in advising on psychiatric injury claims caused by occupational stress. He will take on the most challenging of cases.” Legal 500 2026

Key contacts

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instructed on behalf of Trade Unions. Liam is frequently involved in stress at work claims from an early advisory stage through to the conclusion of the litigation process providing detailed specialist advice and representation in Court at every stage of the litigation process in claims often exceeding £100,000 in value. He is experienced in dealing not only with the legal and procedural issues that arise in such cases, but also the practical ones including dealing with clients who are often still suffering from the effects of psychiatric injuries.

Liam also has a specialist niche in dealing with cases that involve psychiatric injury and pain disorders either in isolation, or in conjunction with other sites of injury. His work in this field straddles three spheres, serious personal injury, sexual abuse claims and secondary victim claims. He has a genuine passion for assisting seriously injured people through the litigation process, and strives tirelessly to achieve the best possible result for his injured clients. He is comfortable working in an advisory role, or as part of a larger team and is extremely experienced in acting at trial and representing at both mediation and joint settlement meetings.

Clinical Negligence

Liam has a range of experience in the field of clinical negligence with a focus on representing Claimants. His experience covers actions against NHS trusts, the Ambulance services, private practitioners and international disputes involving practitioners providing negligent care in foreign jurisdictions.

He has acted in a wide spectrum of cases concerning failure to diagnose spinal injuries, cancer and other conditions to the failure to perform competent surgery. He has experience of dealing with not only the immediate physical impact on a Claimant, but also the psychiatric impact of life changing events where his specialism in this area allows him to bring added value to claims.

He is often instructed in claims resulting in deformity and scarring and as a result, is experienced and aware of not only the legal complexities, and also the sensitivity needed in such cases. A growing aspect of his practice which deals with secondary victim claims for bereaved and traumatised family members and this is an area that he is keen to expand his practise in.

Civil Fraud

Liam has a broad commercial and chancery practice and regularly advises, drafts pleadings and appears in both the County and High Court in a variety of commercial work.

Liam has gathered particular experience of cases where injunctive relief, including springboard relief is sought often arising from the theft, or supposed theft of confidential data. He often works closely with companies who have suffered the loss, or theft of databases. As a result of this he is experienced in freezing orders, spring board injunctions and other forms of interim relief. He always strives to provide not only sound legal advice, but tactical and commercial advice that has an immediate and practical impact.

Professional Recommendations



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Legal 500 2026